

CARL HONORÉ

“An in-demand spokesman on slowness.”

The Wall Street Journal

“The global guru on the Slow Movement.”

Globe and Mail

“The unofficial godfather of a growing cultural shift toward slowing down.”

Huffington Post

“The godfather of the Slow Movement.”

ABC News

“An international spokesman for the concept of leisure.”

Newsweek

“A verbal magician, conjuring concepts with no new idea too complex to capture.”

The Sydney Morning Herald

BIOGRAPHY

Carl Honoré is an award-winning Canadian writer, broadcaster and voice of the global Slow Movement. His books have been published in 35 languages and landed on bestseller lists around the world. His main-stage TED Talk on the power of slowness has been viewed more than three million times. He presented a television show called *Frantic Family Rescue* on Australia's ABC 1.

Carl speaks to teachers, parents and pupils all over the world. His keynotes are dynamic, inspiring, informative and full of humour.

In the age of Covid, Carl has moved his speaking online. Here is a testimonial from his latest client:

"Online keynotes can be tough, but Carl's story, anecdotes and personality held our

audience of business owners on the other side of the world captive for a full 90-minutes, and they wanted more. A world-class keynote presenter with a message everybody in the world with a pulse needs to hear. Book Carl for your next online event, it's a guaranteed win." **James Veigli, Founder of Broker Profits Vault (Melbourne, Australia)**

KEYNOTE FOR TEACHERS

SLOW EDUCATION: Teaching Children in a Fast World

Carl's message is simple but game-changing: To thrive in a fast world, you have to slow down. When every moment is a race against the clock, everything suffers - from well-being and relationships to creativity and

learning. This is true for both teachers and pupils.

In this keynote, Carl shows how slowing down in the right way can supercharge a school. How? By building resilience, social skills and emotional intelligence. By boosting analysis, learning and debate. By unleashing a creativity revolution.

Carl also offers workshops to go along with his keynote. In these, he helps teachers identify where the pressure to rush is coming from – and how to resist it. He shares practical steps for bringing the right kind of slow into school life and bringing everyone (staff, parents, pupils) along with the change.

Carl has many inspiring examples to share from around the world. As a board member of a prestigious K-18 school in New York City, he also has plenty of hands-on experience.

TESTIMONIALS

"Carl spent a morning working with our teachers and support staff ahead of what promises to be another busy school year. He took the time to talk to us, finding out more about the school and then, by combination of evidence, anecdote, personal experience and humour, he engaged, stimulated, inspired and challenged the team. There was lots of sharing of ideas and a good deal of conversation after Carl had left. It was a great place from which to start the year – more schools should think about how ‘slow’ can help them feel better, be more productive and ultimately happier. I would highly recommend Carl as a speaker at inset or for parents."

Shona Colaco

Head

Knightsbridge School, London

“Carl is a terrifically engaging public speaker who displays the enviable qualities of commitment, passion and preparation to his endeavours. He has an amazing ability to captivate his audience; boys, parents and staff were effusive in their praise of Carl. It also helps, of course, that he is a thoroughly decent bloke.”

Jonny Timms

Deputy Head

Caldicott School, Buckinghamshire UK

“How can we ever thank you for an informative and inspiring two days at Hewitt? I wish you could see my inbox right now (actually, you don't want to see it, because it's the opposite of slow). It's full of thank you messages from parents thanking me and saying that they are going to buy your books and continue thinking and

reading about slow parenting. Thank you, thank you, thank you.”

Tara Kinsey

Head of School

The Hewitt School, New York City USA

“Carl’s talk was exactly what we needed to hear. His blend of personal humor and fact-filled research on trends in parenting was helpful in reinforcing our school’s message about the need for free play and healthy rhythms for children. Parents feel pressure to create these perfect little beings. Carl’s warmth made us all relax and enjoy his timely message.”

Lauren Johnson

Director of Development

Portland Waldorf School, Oregon USA

“Carl recently addressed a group of parents at Blundell’s School. He is an immensely engaging speaker and his message resonated strongly with our community. The

‘Slow’ concept is simple and accessible but the practical challenges are considerable – but Carl’s talk really did leave people feeling like the challenge wasn’t an insurmountable one and that it was well worth the effort, individually and corporately. He provoked much meaningful discussion and debate and at times evoked a strong emotional response. Carl is clearly an experienced and clever speaker and he quickly found traction with his audience through his humorous and self-effacing stories. The only question we have left is when we might be able to get him back again!”

Bart Wielenga

Headmaster

Blundell’s School, Tiverton UK

“Our children need more opportunities to play, be physically active and participate in sport without pressure to please the significant others in their lives; this was the theme of our International Physical Literacy

Conference. We contracted Carl to provide an opening and closing keynote while attending sessions from the conference. Carl's opening keynote reminded us about the dangers of living life in the fast lane and identified the many losses we suffer from these fast choices. For his closing keynote, Carl infused his reflections and insights from the conference then capped it off with a few recipes to inject some "slow" into one's life. It was a spectacular and passionate finish to our conference! Carl was totally engaged and engaging; he joined in many conversations across the conference and was always accessible for questions and comments. Carl's delivery is personal and very welcoming. He tells very funny stories about his own "speedaholic" life but the stories are also filled with lessons to be learned. Our delegates were thrilled that Carl was with us for the entire conference! He was a perfect fit for our conference; his presence enhanced the outcome for all who attended!"

Vicki Harber

Director

**International Physical Literacy
Conference, Jasper, Canada**

“Many children, and parents, are over-programmed and exhausted. Slow fixes are better able to deliver longer lasting ways of addressing some of the complex problems our children face today. Carl Honoré is an engaging and knowledgeable speaker, giving parents the confidence to know that they have choices.”

Kim Warrender

Head of Learning Support

Knightsbridge School, London UK

“Carl is a very engaging and eloquent speaker. He mixes personal anecdotes with academic research and is clearly passionate about his subject. During his time at our school he stimulated debate and questions amongst a hall full of parents who wanted more long after the session had been

scheduled to finish, thoughtfully and honestly answered questions posed by a small group of parents the following morning and completely engaged a group of Upper School students who were quite willing to miss their break to continue their discussion and debate with him.”

Laura Hetherington

South Devon Steiner School, England

Here are some of the schools and teacher conferences where Carl has spoken:

Eton College (Windsor, UK)

Hewitt School (New York City, USA)

National Education Congress (Katowice, Poland)

The Alberta Teachers Association (Edmonton, Canada)

Kensington Preparatory (London UK)

Mary Institute and St. Louis Country Day School (St. Louis, USA)

South Devon Steiner School (Totnes, UK)

St. Hilda's (London UK)
The School of Life (London UK)
Mount Royal University (Calgary, Canada)
Wellesley Mothers Forum (Wellesley,
Massachusetts)
American School in London (London UK)
Caldicott Preparatory School
(Buckinghamshire UK) 2015 + 2018
Orchard House School (Richmond, Virginia)
Oakwood High School (Dayton, Ohio)
Thomas's School (London UK)
Blundell's School (Devon, UK)
Wesley College (Perth, Australia)
Claremont Fan Court School (Esher, UK)
Knightsbridge School (London, UK)
Wimbledon High School (London, UK)
Latin American Heads Conference (São
Paulo, Brazil)
Abraham Lincoln American College Peruano,
Colegio Peruano Británico, Newton College,
Colegio Altair, Hiram Bingham School, St.
George's College, Markham College, San
Sylvester School (Lima, Peru)

PHOTOGRAPHS OF CARL:

<https://tinyurl.com/rzqxhas>